



LICEO DEL VALLE

ELEMENTARY SCHOOL

CICLO 2018-2019

TEMARIOS

	GRADE	
GRADE	THIRD GRADE	
	SUBJECT	
SUBJECT	SCIENCE	
	TRIMESTRE/ BLOQUE	
BIMESTER	FIRST TRIMESTER PERIOD	
	PERIOD	
EVALUATION PERIOD	AUGUST 20 TH TO NOVEMBER 2 ND	
	CONTENIDOS	
THE HUMAN BODY AND NUTRITION: Where does your body get energy from? / How does energy help your body? / What is a balanced diet? / What the food pyramid is and what is it useful for? / What are the food groups? / Why interpreting the nutrition facts label helps us choosing the right products. / Digestive system organs.		
	OBJETIVOS FUNDAMENTALES	
Understand the importance of different foods in our life and how to use food pyramid as a tool in order to follow a healthy diet. Classify the different foods into their group. Identify the nutrients in a product and the right amount to eat. Comprehend the main function of the digestive system and its organs.		
	MATERIALES DE ESTUDIO	
BOOK AND NOTEBOOK		

TEMAS	PÁGINAS	ACTIVIDADES DE REPASO/ SUGERIDAS
<ul style="list-style-type: none"> ➤ Where does your body get energy from? ➤ How does energy help your body? 		Review the pages notebook notes.
EJEMPLO		
All human being needs _____ that we get from _____ and _____. We get _____ from these that help our body _____, which is called _____.		

TEMAS	PÁGINAS	ACTIVIDADES DE REPASO
➤ What is a balanced diet?		Review the worksheets in your notebook
<i>Serving/healthy/ grow</i>		
<p>A _____ diet contains the foods that your body needs to _____ and stay healthy. A balanced diet includes the correct number of _____ or amount of food from each food group. But do you know the correct number of servings of each food is?</p>		
TEMAS	PÁGINAS	ACTIVIDADES DE REPASO
➤ What the food pyramid is and what is it useful for?		Review the worksheets in your notebook
➤ What are the food groups?		
<i>Grains/vegetables/meat/dairy/ food pyramid/fruits/ fats and sweets</i>		
<p>The _____ is a rainbow of colored, vertical stripes representing the the 6 food groups, which are: 1. _____ (red or pink), 2. _____ (green), 3. _____ (green), 4. _____ (blue), 5. _____ and 6 _____ (yellow). You should have foods for every color every day.</p>		
TEMAS	PÁGINAS	ACTIVIDADES DE REPASO
➤ Why interpreting the nutrition facts label helps us choosing the right products.		Review your notebook notes.
<i>Total content/ serving size/servings/nutrition facts label</i>		
<p>It is important to know how to read the _____ in order to know the _____ of a product, the _____ and the _____ per container.</p>		
TEMAS	PÁGINAS	ACTIVIDADES DE REPASO/ SUGERIDAS
Digestive system organs.		Review the worksheets in your notebook.

EJEMPLO

Rectum/ nutrients/ anus / mouth / swallow / esophagus / stomach / small intestine / large intestine / chew

When I put in my _____ my favorite food, I _____ it enough to continue its route.

The food I _____ goes through a tube; it is called _____ and varies the food. It gets to my _____ which breaks down the food. Then, to the _____, passing _____ to the blood. Later, in the _____ water is removed. Then, the waste passes through the _____ and leaves through the _____ concluding the digestion of my food.

OBSERVACIONES

If you have any question please feel free to ask your teacher to clear up your doubts. Do not forget your notebook and book to study at home.